Curriculum Vitae

**Dr A S Menon , MBBS, MD, DM**

1. **PERSONAL DETAILS:**

**Name:** Anil Shankar Menon

**Position:** Professor of Medicine

Consultant Endocrinology

Armed Forces Medical College

Pune 411040

Maharashtra

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1. **PROFESSIONAL QUALIFICATION**

**1985-1990** MBBS,Armed Forces Medical College, Pune

University of Poona,

Maharashtra, India

**1994-1997** M.D (Internal Medicine)

Armed Forces Medical College, Pune

University of Pune, Maharashtra, India

**2004-2007** DM (Endocrinology & Metabolism)

Postgraduate Institute of Medical Education & Research (PGIMER), Chandigarh, India

1. **APPOINTMENTS**

**2007 -2013** Associate Professor & Endocrinologist

Department of Medicine,

Armed Forces Medical College, Pune

Maharashtra

**2013 -2018**  Professor of Medicine & Consultant Endocrinology

Command Hospital, Lucknow

Uttar Pradesh

**2018-2020** Commandant,

Military Hospital

Mhow

**2020**-**2022** Professor of Medicine & Consultant Endocrinology

Armed Forces Medical College, Pune

Maharashtra

**2023-** Consultant **(**Medicine & Endocrinology**)**

Military Hospital ,Ambala

Haryana

1. **LICENSURE:**

**Medical Council of India (MCI) Certified MBBS, MD (Internal Medicine) and DM (Endocrinology)**

**MBBS**  Maharashtra Medical Council, India 64965

**MD**  Medical Council, India 12-1183

**DM** Medical Council of India, 12-1183

1. **MEMBERSHIPS IN PROFESSIONAL ASSOCIATIONS:**

**Associations: Membership Type: Membership Number:**

Association of Physicians of India Life Member L 8414

Endocrine Society of India Life Member LM 0616/08

Research Society for the

Study of Diabetes in India (RSSDI) Life Member

Indian Society for Bone and Mineral

Research Life Member

1. **PAPERS PUBLISHED IN SCIENTIFIC JOURNALS:**

**International Journals indexed in Pub med**

1. Rajput R, Bhansali A, Menon A Primary Adrenal Insufficiency A presentation of Primary Antiphospholipid Syndrome The Endocrinologist 2006;2
2. [Bhadada SK](http://www.ncbi.nlm.nih.gov/pubmed?term=%22Bhadada%20SK%22%5BAuthor%5D), [Bhansali A](http://www.ncbi.nlm.nih.gov/pubmed?term=%22Bhansali%20A%22%5BAuthor%5D), [Kochhar R](http://www.ncbi.nlm.nih.gov/pubmed?term=%22Kochhar%20R%22%5BAuthor%5D), [Menon AS](http://www.ncbi.nlm.nih.gov/pubmed?term=%22Menon%20AS%22%5BAuthor%5D), [Sinha SK](http://www.ncbi.nlm.nih.gov/pubmed?term=%22Sinha%20SK%22%5BAuthor%5D), [Dutta P](http://www.ncbi.nlm.nih.gov/pubmed?term=%22Dutta%20P%22%5BAuthor%5D), [Nain CK](http://www.ncbi.nlm.nih.gov/pubmed?term=%22Nain%20CK%22%5BAuthor%5D)Does every short stature child need screening for celiac disease? [J Gastroenterol Hepatol.](javascript:AL_get(this,%20'jour',%20'J%20Gastroenterol%20Hepatol.');) 2008 Aug; 23; 353-6.
3. [Sanjay Kumar Bhadada](http://www.researchgate.net/researcher/39077745_Sanjay_Kumar_Bhadada/), [Anil S. Menon](http://www.researchgate.net/researcher/2001313541_Anil_S_Menon/), [Anil Bhansali](http://www.researchgate.net/researcher/42641013_Anil_Bhansali/), [Sambit Das](http://www.researchgate.net/researcher/39804582_Sambit_Das/), [Shivender Singh Gill](http://www.researchgate.net/researcher/2001208703_Shivender_Singh_Gill/), [Arunansu Behera](http://www.researchgate.net/researcher/2001188709_Arunansu_Behera/)An Unusual Cause of Limping in Primary Hyperparathyroidism. [The Endocrinologist](http://www.researchgate.net/journal/1051-2144_The_Endocrinologist) 2009; 19(3):122-123.
4. Pheochromocytoma A study of 95 patients Bhansali A, Behera A, Singh S K , Menon A S, Khandelwal N,Radotra B S The Endocrinologist 2009;19:19-23 (1)
5. Garg M K, Tandon N, Marwaha R K, Menon A S, Mahale N. The relationship between serum 25-hydroxy vitamin D, Parathormone and bone mineral density in Indian population. Clinical Endocrinology, 2013;0:1-6
6. Anil Menon, M L Sharma,N Kumrah,P Chauhan. Hypercalcemia in a weight lifter on nutritional supplements.Turk JEM 2015; 19: 31-33

**Abstracts in International Journals in Pub med**

1. Uday Y**,** Kotwal N, Menon AS**,** Nair V. Resistant Thyrotoxicosis with Concomitant Pulmonary Sarcoidosis. Endocr Rev 2011; Vol 32: 695

2. Kotwal N, Uday Y**,**Menon AS**,** Nair V. Ogilvie Syndrome in a Patient with Myxedema Coma. Endocr Rev 2011; Vol 32: 611

**National Journals indexed in Pub med, IndMed&MedBase**

1. Postgraduate Clinic .Carcinoid Syndrome. Shankar S, Kumar R, Kalra S P, Reddy P S, Sharma S K, Menon A. Med J Armed Forces India. 1998; 54: 340·J42
2. Multivitamins: Use or Misuse? Lt Col AS Menon, Brig AS Narula, Lt Col AG Mathur Med J Armed Forces India 2008; 64 :10-14
3. Gupta V K, Kotwal N K, Jha A, Menon A S, Shukla R (Command Hospital (SC), Pune) Case of interferon induced hypothyroidism. Med J Armed Forces India 2011, 67(1), 94.
4. [Yashpal Singh](http://www.ncbi.nlm.nih.gov/pubmed/?term=Singh%20Y%5Bauth%5D), [Narendra Kotwal](http://www.ncbi.nlm.nih.gov/pubmed/?term=Kotwal%20N%5Bauth%5D), [A. S. Menon](http://www.ncbi.nlm.nih.gov/pubmed/?term=Menon%20AS%5Bauth%5D) Endocrine Hypertension Cushing’s Syndrome Indian J Endocrinol Metab.  2011; 15(Suppl4): S313–S316.
5. UdayY**,**Kotwal N,Menon AS ,Nair V. Ogilvie's Syndrome In A Patient With Myxedema Coma. IJEM 2012;16(3):447-449
6. Uday Y**,**Kotwal N, Menon AS, Nair V. Central Precocious Puberty at an Extremely Early Age. IJEM. 2012; 16(4):627-630
7. Narendra Kotwal, Yashpal Singh, Anil Menon, Vineet Behera. Thymic hyperplasia in Grave’s Disease. 2013;17(3):521-523
8. Uday Y**,** Kotwal N, Menon AS, Nair V. Resistant Thyrotoxicosis-A Case of Sarcoidosis of Thyroid. IJEM 2013; 17(2):332-335
9. Menon A S, Ahluwalia A. The ABC of diabetes.How many patients are able to achieve the goal laid down by American Diabetes Association?Med J Armed Forces India 2015;71:132-134
10. Menon AS, Kotwal N, Singh Y, Girish R. Statins: Cholesterol guidelines and Indian perspective. Indian J Endocr Metab 2015;19:546-53
11. Menon A,Gupta A.Clinical Images.Superior Vena Cava Syndrome.Indian J Med Res 2015;142: 350.
12. Menon AS, Dixit A, Garg MK, Girish R. Cardiac autonomic neuropathy in patients with Type 2 diabetes mellitus at high risk for foot ulcers. Indian J EndocrMetab 2017; 21:282-5.
13. Singh S, Menon AS, Kotwal N. Dietary changes adopted by overweight candidates desirous of joining armed forces: A food frequency questionnaire-based study. J Mar Med Soc 2018;20:132-4.
14. Kumar M, Menon A S. Clinical Images. Langerhans Cell Histiocytosis. Ind J Med Res.2018; 148:351-352.
15. Verma V, Menon A S. Letter to Editor. Qualitative ultrasonography for bone health: Are we there yet? MJAFI 2018;74:309
16. Verma V, Menon A S, Bahadur A, Sikarwar A, Clinical Images. Clinical manifestation and images of a patient having cardiovascular involvement in myxoedema coma.MJAFI https://doi.org/10.1016/j.mjafi.2018.12.001
17. Menon AS , Anayath S, Garg MK c, Kapoor R, Pisharody I,The effect of vitamin D supplementation on cardiorespiratory fitness and muscle strength in male adults undergoing basic military training.MJAFI, 2020;76:71-76
18. Gupta A, Rao A, Menon A S, Gupta Y .Rare case of Cerebello tendinous Xanthomatosis in an adolescent male.. Neurology India 2021: 69(3):775
19. BobdeyS.,Kaushik S K, Menon A. The conundrum of two-dose interval of ChAdOx1 nCOV-19 corona virus vaccine: Way ahead. MJAFI. 2021: 77(13):S250-S253
20. Srinath R, Tilak TV, Menon AS. Is it an end of the art of “Physical Examination” in the Covid 19 pandemic? J Mar Med Soc 2020;22:271-2
21. Mangal V, Murari T, Vashisht R, Iqbal SM, Meghana K, Gujrathi S, Ambade V, Tilak TVSVGK , Aggarwal V, Manrai M, Verma V, Srinath R, Goel N, Yadav Navin Kumar, Menon A. Olfactory Dysfunction Among Asymptomatic Patients with SARS CoV2 Infection: A Case–Control Study.Olfactory Dysfunction among Asymptomatic patients with SARS CoV2 Infection: A Case-control study Indian J Otolaryngol Head Neck Surg. 2021 Jun; 73(2): 212–217
22. Aggarwal V, Menon AS, Verma V. Prevalence of testosterone deficiency in elderly male and its association with frailty and mobility at a tertiary care centre. Indian J EndocrMetab 2021;25:337-41.
23. Kumar A, Kumar S, Mangal V, Menon A S. Covid 19 Associated Pulmonary Aspergillosis. Archives of Medicine and Health Sciences 2021;9(2):306-09
24. Mangal V, Hasvi J, Dey S, Menon A S. Polymicrobial Spontaneous Pyogenic Spondylodiscitis: A Very Rare Entity! J Med Sci. 2021; 0(0):1-4
25. Dorji T, Verma V, Menon A. Epistaxis, paroxysmal anxiety episodes, and hypertension in a child with SDHB-associated paraganglioma: A case report. Clin Case Rep. 2022; 10:e06683. <https://doi.org/10.1002/ccr3.6683>
26. Srinath R, Nanda SK, Asturkar V, Ahmad FM,Wilson V, Yanamandra U, Menon A. Brain and COVID: A case series of neurovascular complications. Acta Med Int 2022;9:6-9.
27. Mangal V, Datt B, Hegde A, Kashif AW,Kumar A, Kaur J,Goel N, Menon A S. Childhood-onset enthesitis-related arthritis leading to nephrotic syndrome due to secondary amyloidosis complicated by acute pulmonary embolism - The domino effect. Indian J Rheumatol 2022;17:180-5.
28. Mangal V, Hegde A, Hasvi J, Harikrishnan P, Kumar A, Goel N, Menon AS. Fever of Unknown Origin and Hepatitis as the Initial Presentation of Anti-MDA-5 Positive Dermatomyositis: A Case Report. Mediterr J Rheumatol 2022;33(3):361-7.
29. Srinath R, Uday Y, Singh A, Aggarwal N, Kaur P, Aggarwal B, Shobhit S, Duhan G, Paul D, Sai Pavan K Bareedu , Sahu1 R, Menon AS. Headache on Wearing PPE; A Survey for Neurological Symptoms with PPE amongst Health Care Workers. Neurol India 2022; 70:122-6.
30. Mangal V, Yadav NK, Sitaula R, Menon AS. Isolated myocysticercosis of leg masquerading as deep vein thrombosis. Saudi JMed Med Sci 2022;10:283‑4.
31. Kumar S, Dhakal D, Mangal V, Menon A. Linezolid-Induced Pancytopenia and Hyponatremia. Journal of Applied Hematology. 2022;13(1):57-59
32. Mangal V, Hasvi J, Dey S, Menon AS. Polymicrobial spontaneous pyogenic spondylodiscitis: A very rare entity! J Med Sci 2022;42:285-8.
33. Yanamandra U, Shobhit S, Paul D, Aggarwal B, Kaur P , Duhan G , Singh A , Srinath R, Saxena P , Menon A S(Relationship of Computed Tomography Severity Score With Patient Characteristics and Survival in Hypoxemic COVID-19 Patients. Cureus 2022: 14(3); e22847. DOI 10.7759/cureus.22847
34. Manrai M, Vashisht R, Balakrishnan A, Baveja P, Kashif A W, Menon A.Coexistence of human immunodeficiency virus infection and autoimmune hepatitis: A double trouble.DOI: 10.4103/ijstd.ijstd\_73\_22
35. Uday Y, Srinath R, Aggarwal B,KaurP,Singh,A,Aggawal N, PavanS,DuhanG,Sahu R, Menon A. Sweetness and positivity together aren't a happy ending: Case controlled study amongst severe COVID-19 for impact of diabetes mellitus on survival. MJAFI DOI: 10.1016/j.mjafi.2022.06.010
36. Grover J, Verma V, Menon A, Dorji Symptomatic hypoglycemia in a nondiabetic adult female recovering from mild COVID-19 infection: A case report.Clin Case Rep. 2022; 10:e06549.<https://doi.org/10.1002/ccr3.6549>
37. Harika P, Asthana B, Vashisht R, Yadav N, Hazra N, Manrai M, Menon A S. Disseminated talaromycosis: Truly uncommon or uncommonly recognized?https://doi.org/10.1016/j.mjafi.2022.12.008
38. Menon AS, Verma V,Kotwal N . Managing obesity: A need to bring guidelines to practice. MJAFI.**2023**; 79 : 125 e127
39. Marwah V, Choudhary R , Adhikari S , Pemmaraju A , Menon AS , Manrai M , Tentu Ajai Kumar , Verma S . Real-world experience of monoclonal antibodies in mild-to-moderate COVID-19 patients at a tertiary care center, Medical Journal Armed Forces India, https://doi.org/10.1016/j.mjafi.**2023**.03.006
40. Kacker M, Vashisht R, Menon AS. Immunovirological discordance among people living with human immunodeficiency virus at a center in Western India: A retrospective study. Indian J Sex Transm Dis **2023**; 44:15-9.

**Abstracts: Indian Journals indexed in Pubmed**

1. B Guleria, Menon AS, Kotwal N, Uday Y, Nair V Prevalence of hypogonadism in type 2 DM. JAPI. Dec 2011. Vol.59.
2. **CHAPTERS IN TEXTBOOK**
3. Hyperglycemic emergencies. Handbook of Medical emergencies, Department of Internal Medicine, AFMC 2010
4. Myxedema coma. Handbook of Medical emergencies, Department of Internal Medicine, AFMC 2010
5. Disorders of Calcium metabolism, Handbook of Medical emergencies, Department of Internal Medicine, AFMC 2010
6. Infections in Diabetes, Manual of Diabetes by Endocrine Society of India, (II Ed)
7. Other Medical Disorders in High Altitude. Textbook of Environmental Medicine Armed Forces Medical College 2014
8. Vaccines –Hand book of COVID 19. Armed Forces Medical College 2021
9. Management of Mild COVID 19- Hand book of COVID 19. Armed Forces Medical College 2021
10. Management of Mild COVID-19- Hand book of COVID 19.(Revised) Armed Forces Medical College 2022
11. Adaptive immunity, Vaccine Efficacy, & Vaccination strategy- Hand book of COVID 19.(Revised) Armed Forces Medical College 2022
12. Initial response to Pandemic-AFMS perspective- Hand book of COVID 19.(Revised) Armed Forces Medical College 2022
13. **EDITORIAL BOARD OR REVIEWER IN SCIENTIFIC JOURNALS:**

Reviewer - Medical Journal Armed Forces of India

Indian Heart Journal

Indian Journal of Rheumatology

Archives of Medicine and Health Sciences

Editor - Handbook of COVID 19

1. **AWARDS**

Chief of Naval Staff Award for Best Paper (Medicine & Allied), AFMRC 2017,2021